

# Triple P (Pathways)

*Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing. Triple P is used in more 30 countries and has been shown to work across cultures, socio-economic groups and in many different kinds of family structures.*

**Pathways Triple P** has been developed as an intensive intervention program for parents who have difficulty regulating their emotions and as a result are considered at risk of physically or emotionally harming their children. Pathways Triple P requires parents to have received Level 4 sessions teaching them positive parenting and child management skills.



Please visit [transformtacoma.org](https://transformtacoma.org) for more information and to apply for these services as a family or provider.