

Triple P (Stepping Stones)

Triple P gives parents simple and practical strategies to help them build strong, healthy relationships, confidently manage their children's behavior and prevent problems developing. Triple P is used in more 30 countries and has been shown to work across cultures, socio-economic groups and in many different kinds of family structures.

Stepping Stones Triple P begins with a comprehensive assessment of parent-child interaction and family issues. The intervention provides parents with comprehensive support in managing their child's behavior across various settings (e.g. disobedience, fighting and aggression, temper tantrums). The focus is on understanding the function of problem behavior and teaching the child skills that can be used to replace misbehavior.



Please visit transformtacoma.org for more information and to apply for these services as a family or provider.